

**SAY  
SOMETHING**

IF YOU SEE  
SOMETHING

**SHOUT OUT TO  
SPORTS AND LEISURE STAFF**

**Raise your awareness of exploitation  
by following**

**THE BIG THREE**

**1**

**Can you spot the signs  
of abuse?**

**2**

**Do you know where to  
access training and local  
policies in safeguarding?**

**3**

**Are you up to date  
with your safeguarding  
training?**

For more information and free downloadable resources on tackling exploitation  
and how to Spot the Signs go to [nwgnetwork.org/say-something](https://nwgnetwork.org/say-something)

Contact: